



QSLA Player Code of Conduct

Every QSLA Basketball Player MUST at all times:

- Be on time. **Each practice starts at 6:05pm.** You are expected to be in full uniform, on the court at 6:05pm on your practice day.
- Use appropriate, positive language. That means no swearing.
- If you are not scheduled to practice, you are NOT ALLOWED to come to the centre & 'hang out' or watch. You are allowed to participate in other MLSE programs.
- If you need help with math, you need prior approval to come in on additional days other than your practice days. Please have your parents/guardians call us at 416 855-5572 at least 1 day BEFORE to request your extra attendance. We need to make sure we have resources to spend time with you!
- If you cannot come to a practice, call QSLA HQ at 416 855-5572 or email us at info@qsla.ca as soon as you know you cannot attend a practice.
- Finish the math work assigned for the day. If you finish earlier than the rest of the group, you are expected to help other QSLA students. If you've helped out, you MUST get your coaches' approval before you can go back on the court.
- Play for your own enjoyment (i.e. not just to please coaches or parents).
- Be encouraging & supportive of all team-mates (i.e. through positive and constructive encouragement & communication).
- Be willing to accept constructive criticism from you coach.
- Push yourself to improve by practising & playing hard (i.e. by training with best possible intensity, focus and effort).
- Play each game for the team's benefit (i.e. by playing unselfishly and not for your individual benefit).
- Play fairly, with composure and self-discipline, and not wilfully break the rules of basketball (e.g. by committing deliberate fouls).
- Accept that **court time is earned** through a combination of demonstrating right attitude (coachability), effort, tenacity, ability (to execute skills, footwork and team role), teamwork (assists), and composure.
- Your coach will do his or her best to ensure equal court time for such players.
- Respect referees and officials by accepting calls graciously;
- Show good sportsmanship by interacting with referees, officials, opponents and opposition coaches in a professional, good-humoured manner (e.g. by offering a hand to help opponents up from the floor after a foul is given, and by shaking the hands of all opposition players at the end of each game (with eye contact).
- Respect the use of MLSE facilities by not damaging basketball venues and equipment (e.g. floors, cameras, balls, pencils, calculators, lights & rings)



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As representatives of the QSLA, all players, coaches & administrators are required to agree to and abide by specific behavioural conduct obligations, by signing a QSLA Code of Conduct agreement.

It is essential that all QSLA basketball players, coaches & administrators fully read and understand their Code of Conduct obligations.

A breach of a QSLA Code of Conduct agreement may result in disciplinary action by the QSLA Managing Director.

Consequences of any QSLA Code of Conduct breach by any player, coach or administrator may include:

- Omission (short-term) or suspension (medium-term) from playing for the team;
- Permanent de-registration from the QSLA program